

SANT NIRANKARI PUBLIC SCHOOL NIRANKARI COLONY  
SESSION-: 2021-22  
HOLIDAY HOMEWORK  
CLASS – PRE SCHOOL



***Summer is here !***

***It's time to sit & read,***

***It's time to paint,***

***It's time to colour & dance.***

***To work TOGETHER with the family Is a good chance.***

Dear Parent,

Games and activities are more than just fun for a preschooler - they also help with physical development and early learning. Make this summer vacation a learning paradise for the child.

It is also important that your child learns to converse in English. Here are some tips.....

- The child should say his/her name in full sentences.
- Teach the child to use short sentences e.g. – May I go to wash room, Please open my water bottle/Tiffin, May I drink water, May I come in ,May I get help etc.
- Converse with the child in English using small sentences.
- Do picture reading with the child.

**So Mama, Papa and \_\_\_\_\_ GET SET & GO!**

**Holiday activities**

Get up early in the morning and see the rising sun.

Go for a nature walk.

Feel the fresh air and take a deep breathe and do exercises.

Hear the birds chirping.

Water the plants and feed the birds.

## INCULCATE GOOD MANNERS

- Encourage the child to wake up early in the morning.
- Teach your child to wish the elders '**GOOD MORNING, GOOD AFTERNOON, GOOD EVENING AND 'GOOD NIGHT'**'.
- Make an effort to add the following magic words to their vocabulary.

PLEASE

SORRY

THANK  
YOU

EXCUSE  
ME

- Encourage them to take care of "**Personal Hygiene**" by inculcating the following habits:
  1. Brushing teeth twice daily.
  2. Combing hair regularly.
  3. Bathing everyday.
  4. Washing hands before and after meals.
  5. Trimming the nails and keeping them clean.
  6. Use mask and sanitizer.
- Inculcate following '**Life skills**' in your child to help Him / Her become independent.
  1. Packing his / her school Bags.
  2. Tying his / her shoe laces.
  3. Keeping his / her belongings back in their place.
  4. Laying the table for dinner.
  5. Arranging shoes in the shoe rack.
  6. Filling the water bottle.

To develop "**Fine Motor Skills**" let your child indulge in activities like:

1. Watering the plants using spray bottles.
2. Mashing Potatoes.
3. Shelling out peas.
4. Zipping and unzipping.
5. Buttoning and Unbuttoning.

Opening and closing the bottle cap / tiffin lid.



## **TABLE MANNERS AND CULINARY SKILLS**

**Childhood is the best age to inculcate basic table manners in a child's routine like:**

- Wash your hands before and after the meal.
- Always eat the food at the dining table.
- Place a napkin on your lap before you eat.
- Pray before eating and thank god for providing the food.
- Do not talk while eating
- Take small bites while eating.
- Chew the food properly.
- Keep your plate in the kitchen once you are done.
- Also, allow your child to help you with some non-fire cooking activities. This will not only increase their knowledge but will also improve their fine motor skills.

**Your child can help you in the following things:**

- Stirring pancake batter / sharbat / lemonade.
- Adding salt and pepper to a dish.
- Applying jam/ ketchup on bread.
- Mixing a salad.

Assembling a sandwich



## **PHYSICAL FITNESS**

***'All work and no play makes Jack a dull boy'***



**Physical development is as important as the academic development of the child. So, in this time of pandemic where children cannot go out. Kindly make them do some physical activities at home like dancing, jumping. Skipping and some basic exercises.**

**Kindly follow the links below related to the exercise and dance:**

High knee jacks, jumping jacks , high steps march, ski hops, the windmill, scissor kicks, swing backs, side deep squats.( <https://youtu.be/h3Xrtm0IVnY> )

Move and Freeze Dance for kids ( <https://youtu.be/nzK7Fe9sFVA> )



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**CREATIVITY IS INVENTING , EXPERIMENTING, GROWING,TAKING RISKS,BREAKING RULES,MAKING MISTAKES AND HAVING FUN.**

**"CHILDREN ARE NATURALLY CREATIVE .IT IS OUR JOB TO GIVE THEM THE FREEDOM, MATERIALS AND SPACE TO LET THEIR CREATIVITY BLOSSOM TO ITS FULL POTENTIAL".**

**SO IN ORDER TO EVOKE THE CREATIVITY OF OUR TINY TOTS WE HAVE FUN FILLED ACTIVITIES FOR THEM.**

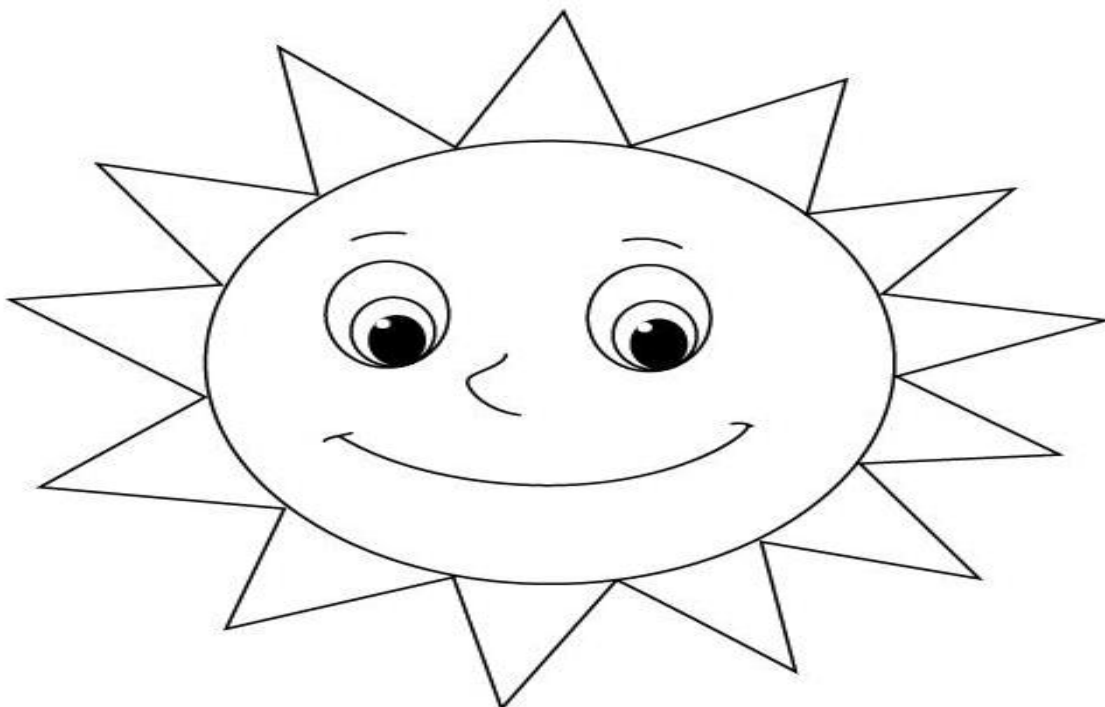


## LITTLE HANDS ON WORK



### ACTIVITY- 1

**Tear and paste small bits of yellow papers on the sun to make him shine.**





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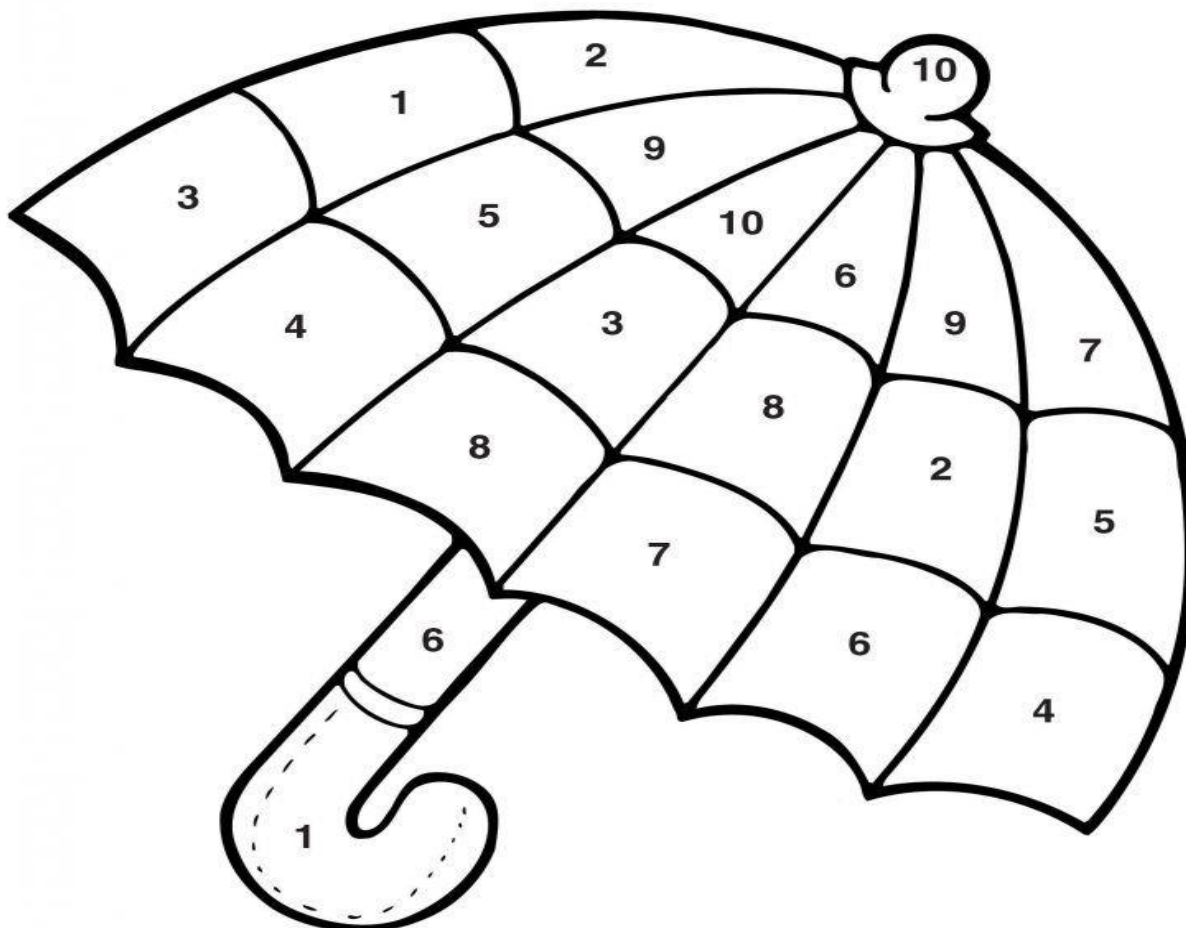
## ACTIVITY -2

Use the color key to color the umbrella.

1 - red  
2 - green  
3 - black  
4 - yellow

5 - pink  
6 - orange  
7 - purple  
8 - blue

9 - white  
10 - brown







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### **ACTIVITY -3**

**Colour the vegetables green and fruits red.**





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## ACTIVITY -4

Draw a line from each word to the correct part of the body.



Ears

Eyes

Mouth

Neck

Arm

Hand

Stomach

Knee

Leg

Foot

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**ACTIVITY -5**

***HAPPY MOTHER'S DAY (MAY 9,2021)***

***A MOTHER IS SHE WHO CAN TAKE THE PLACE OF OTHERS BUT WHOSE PLACE NO ONE ELSE  
CAN TAKE.***

***Mother's Day is the perfect time of year to celebrate the loving and caring Woman in your  
life. Let's celebrate Mother's Day by doing something special for your mother. So, surprise  
her by making a Greeting card with the help of your father.***



***NOTE :-TAKE REFERENCE FROM THE IMAGE ABOVE***





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**MATHS:- LEARN COUNTING 1 TO 5 (ORALLY)**

**ENGLISH:- READ AND LEARN OBJECTS RELATED TO CAPITAL LETTER**

**A,B,C,D GIVEN ON PAGE NO.2,3,4,5 OF ENGLISH PRIMER  
BOOK.**

**BLITZ :-1 .LEARN 2 ENGLISH/HINDI RHYME GIVEN ON PG.NO. 2,3  
OF BLITZ BOOK.**

**2. DO PAGE NO.4,5,7 AND 8 OF BLITZ BOOK.**

**3. SEND ONE SINGLE VIDEO OF YOUR CHILD IN WHICH HE/SHE SPEAKS  
NAMES ON ANY FIVE OF:-  
FRUITS,VEGE TABLES,ANIMALS,BIRDS,COLOURS,MYSELF**

**NOTE:-DATE OF SUBMISSION OF HOLIDAY H.W IS 16<sup>TH</sup> JUNE.(ONLY IN PDF FORM)**



**HAPPY HOLIDAYS**



**STAY AT HOME AND STAY SAFE**