SANT NIRANKARI PUBLIC SCHOOL, NIRANKARI COLONY

HOLIDAY HOME WORK-PRE-SCHOOL



PARTYING LIKE CRAZY, YOU KNOW THE DRILL TANNING THE DAY, NIGHTS DRESSED TO KILL NOTHING IS GONNA REPLACE THESE DAYS OH! SO SWEET SUMMER VACATION...LIFE IN THE HEAT!!!

Dear students,
Wake up, wake up! Its homework time,
Remember you promised to start by nine,
I heard my mother uttering these lines, I
think beginning the task on time, keeps
me alert, active and fine. Regular
homework makes me shine...

Dear Parents,

Long summer break is the most enviable part of the school life. It provides time when you get opportunity to spend quality time with your child.

As the school closes for summer break we have planned some activities for your child to enhance his / her learning skills in a fun filled way.

Make a separate notebook for English and Math .Write 1page every day, all the letters and numbers done in the school.

HOLIDAYS..... FUN TIME.....

PARTY TIME!!!!!!

Thank You
Warm Regards
CLASS TEACHER

Care of Self

"Any child who is self-sufficient, who can tie his/her shoes, dress or undress himself/ herself, reflects in his/her joy and sense of achievement, the image of human dignity which is derived from a sense of independence"

They not only help the child gain independence, but they lay a neurological foundation for advanced skills involving coordination, concentration, abstract thinking and overall executive function.

In the preliminary exercises, the child learns the basic movements of all types such as pouring, folding and carrying. With this aim, we have planned out activities during the summer vacations that can assist our little students in their overall physical and mental development.

Brush your teeth twice a day.

Trim your nails regularly.

Take a bath every day.

Wash hands properly before and after every meal.

Learn how to zip your school bag.

Learn how to wear shoes and socks.

Learn how to button and unbutton the shirt.

BEING GOOD

Teaching manners helps for the kindness and a sense of community. By practicing proper manners and etiquettes your child will learn to appreciate others more, be pleasant to be with and likely develop into a positive adult. Teaching manners isn't difficult if you put into practice early and reinforce polite behaviours daily. Let's share some tips to make these holidays a fruitful and happy period for them.

- •Help your child inculcate good habits like doing 'Surya Pranam' & encourage him / her to greet all elders in the morning.
- •Use 4 magical words : PLEASE, SORRY, THANK YOU, EXCUSE ME as the part of basics of good manners.
- Learn to listen.
- Gently care for animals.
- •Sow a plant in a pot and give water. Give knowledge about plants and trees. Explain to them that they are an integral part of their growing up.
- •Have atleast two meals together with your children. Teach them the importance and hard work of the farmer and ask them not to waste their food.
- •Let them take their own plates after every meal . Children learn dignity of labour from such activities

"Gross Motor Skills" & "Fine Motor Skills"

To enhance "Gross Motor skills" of your child enroll them in anyone of the following activities:

- Aerobics
- Skating
- Swimming
- Dance
- Summer Camps



To develop "Fine Motor Skills" let your child indulge in activities like:

- Mashing Potatoes
- Rolling Chapatis
- Shelling out peas
- Opening and closing the bottle cap / tiffin lid
- Turning pages of a Book
- Squeezing bath sponges

Make your father feel special......

On Father's Day i.e. June 17, 2019, with the help of your sibling/mother, prepare yummy Oreo shake with ice cream and surprise your father.

Yummy Oreo shake with Ice cream

The greatest gift
I ever had
came from God
I call him Dad

Ingredients:

- 1. 4 tsp chocolate syrup
- 2. 8 Oreo cookies
- 3. 1 cup milk
- 4. 2 cups vanilla Icecream

Method:

Put 1tsp syrup into each of 4 glasses. Roll each glass to coat bottom and inside of glass. Finely chop 4 cookies and set aside.

Place remaining cookies in blender. Add milk and ice cream, blend until smooth. Pour into prepared glasses, top with chopped cookies. Serve immediately.

JOY RIDES WITH GRAND PARENTS

Take your child with his / her Grand-Parents to any one of the following fun rides.

- Metro Ride
- Zoo Bus Ride
- HO-HO Bus Ride Boat
- Ride in Akshardham Temple

INNOVATIVE LEARNING:

- We suggest you may visit any one of the following places with your child.
 - Bal Bhawan
 - Doll's Museum
 - Rail Museum

NOTE: Click and send the pictures of the child with Grand-Parents to the respective class teachers.

Experiment

- Things required:
- Small plastic cups or glasses (preferably transparent)
- Paper towels
- Food colour (primary colours)

Method:

- Place 7 glasses in a row & pour water in 1st, 3rd, 5th and 7th glasses. Fill your glasses 3/4th full.
- Add 5 drops of red food colouring to the 1st cup and the 7th cup.
- Add 5 drops of yellow food colouring to the 3rd cup.
- Add 5 drops of blue food colouring to the 5th cup.
- Take half a sheet of paper towel & fold it in half lengthwise & in half again lengthwise.
- Place one half of a rolled paper towel in the first cup and place the other half in the cup next to it. Then another paper towel from 2nd cup and into the 3rd cup. This continues until you have placed the last paper towel that drapes over from the 6th cup to the 7th cup.
- Stare at the cups and watch what starts happening. You will seecoloured water begin to crawl up the paper towels

BEST OUT OF WASTE

Wind chime / Dream catcher

Create your own wind chime or dream catcher using paper plate, cardboard, bangles, old bottles, etc.

Add your creativity and come up with new ideas to make the project more attractive.



Bottle / Jar Decoration

Decorate empty bottle or jar using different decorative materials like paints, thread, mirrors, jute, etc.

Add your creativity and come up with new ideas to make the project more attractive.



INTERNATIONAL YOGA DAY(JUNE,21,2022)

ON THE OCCASION OF INTERNAYIONAL YOGA DAY, MAKE YOUR WARD PRACTICE SOME SIMPLE YOG SANS AND ALSO EDUCATE THEM ABOUT THE BENEFITS OF DOING YOGA

MATERIAL REQUIRED:-

- TRACK PANTS
- T-SHIRT
- YOGA MAT



NOTE:- KINDLY CLICK PICTURES OF YOUR WARD DOING DIFFERENT YOG ASANAS AND SHARE IT WITH CLASS TEACHERS